

Food Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Dairy	Milk	Milk	Milk	Milk	Milk
	Protein				Scrambled Eggs	Sausage
	Fruit	Banana	Banana	Banana	Banana	Banana
	Vegetable					
	Grain	WW English Muffins	WW Nutrigrain Bars	WW Waffles		Pancake
AM Snack	Dairy	Yogurt Pouch	Yogurt Pouch	Yogurt Pouch	Yogurt Pouch	Yogurt Pouch
	Protein					
	Fruit	Fruit Pouch	Fruit Pouch	Fruit Pouch	Fruit Pouch	Fruit Pouch
	Vegetable					
	Grain					
Lunch	Dairy	Milk	Milk	Milk	Milk	Milk
	Protein	Corn Dog - Hot Dog	Fish Sticks	Chicken Nuggets	Turkey and Cheese	Meatballs
	Fruit	Peaches	Apples	Blueberries	Pears	Mandarin Oranges
	Vegetable	Peas	Carrots	Green Beans	Corn	Tomatoes and Sauce
	Grain	Corn Dog - Breading	WW Goldfish	Rice Cakes	WW Crackers	WW Penne Pasta
PM Snack	Dairy	Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick
	Protein					
	Fruit	Fruit Pouch	Fruit Pouch	Fruit Pouch	Fruit Pouch	Fruit Pouch
	Vegetable					
	Grain					

Note: WW means whole wheat. This item meets the daily whole grain requirement.